2020 ECHCES

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MESSAGE FROM

THE HEAD OF SCHOOL

How does Summit prepare students for a future we can't predict? By inspiring them to create the future.

This issue of *Echoes* features Summit alums who are taking the journey from passion to profession, unleashing their unique visions and talents through science and technology to improve, enhance, and inspire the world around them.

Throughout these pages you'll read the insights of architects of the future:

Dr. Lora Kelly Shahine '91, reproductive endocrinologist: "I realized that I could help people at one of the most vulnerable points in their lives, and I found that to be very rewarding."

Chanel Richardson '13, student in Tufts School of Engineering: "The one thing that's constant is that every time my interest changes, it just falls into the world of engineering...it has so many different possibilities."

Peter Stratta '14, inside the world of NASCAR media: "I hope to be doing just this — hosting a radio or TV show daily or weekly on racing...one of my great passions in life."

Thomas Douglas '08, business partner in tech company Cirtual: "Five years ago, we were a bunch of college students who had an idea, but no experience...yet here we are...improv[ing] people's daily lives through software and technology."

Imran Cronk '09, CEO of Ride Health: "We want to be the organization that defines the intersection of healthcare and mobility on a global scale."

Dr. Capri Foy '77, clinician in physical activity at Wake Health: "I'm being given the opportunity to work with the next generation of clinicians and educators as they develop the tools to carry this work forward."

To be a member of the Summit community is, as demonstrated by these alums, to be an integral part of something larger than ourselves.

Thank you for all that you do to make the Summit experience possible, now and far into the future.

Onward and Upward,

Muchae Coheling

Michael Ebeling Head of School



Inspiring Learning



Summit School's Echoes is published annually for alums, parents, and friends by Summit School.

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Summit School admits students of any race, religion, color, and national or ethnic origin.

If your Summit alum has moved, please update us with his/her/ their new address at alums@summitmail.org.

Cover Photo by Jenn Repp

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SKILLS LEARNED AT SUMMIT

Dr. Lora Kelly Shahine '91 is a reproductive endocrinologist practicing at Pacific Northwest Fertility and IVF Specialists in Seattle, Washington where she is also a partner in the uniquely all female practice. In addition, she is part of the clinical faculty in the department of obstetrics and gynecology at the University of Washington, author of four books and a blog, and serves on the board of several non-profit organizations. Never in a million years did Dr. Shahine think this would be her life.

A reluctant West Coaster, Dr. Shahine's roots run deep in Winston-Salem. Her father, Horace O. Kelly, Jr., was an Assistant Dean in the Business School at Wake Forest University and her mother, Charlene Kelly Ewing, taught English at Salem Academy. Dr. Shahine assumed growing up that she would go to Wake Forest University and stay close to home.

"Life is a series of moments that sometimes take you down a different path than you expected," said Dr. Shahine. "If you had told me this would be my life back in high school, I would have said 'You're crazy!'. But I love it and it's been a great fit."

One of those moments for Dr. Shahine happened at Summit.

"I was in 7th grade and someone put a field hockey stick in my hand. I'd never played the game before, but the support of the faculty at Summit made me feel that I could accomplish anything I set my mind to, and I was not afraid to fail," recalls Dr. Shahine.

Dr. Shahine did not fail. She excelled at field hockey as captain of her team at Salem Academy, twice elected to the All-State Field Hockey team and recruited to the Division I team at Georgetown University. Dr. Shahine ultimately felt a need to choose between academics and Division I sports and she chose to focus on the pre-med track at Georgetown. After majoring in Biology and minoring in Theology, she was thrilled to return to Winston-Salem to attend medical school at Wake Forest University. Dr. Shahine also left Georgetown with something else - her future husband, Omar Shahine, whom she met on her first day at Georgetown.

During her time at Wake Forest, Dr. Shahine developed a specific interest in women's health and surgery. When her husband was given the opportunity to further his career with Microsoft on the West Coast, Dr. Shahine began looking at

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residency opportunities in those fields in the Golden State. That led her to a residency in Obstetrics and Gynecology at the University of California at San Francisco, and ultimately a fellowship in reproductive endocrinology with a focus on infertility and miscarriage.

"I realized that I could help people at one of the most vulnerable points in their lives and I found that to be very rewarding," said Dr. Shahine.

There are fewer than 40 fellowships in the field of reproductive endocrinology in the entire country. One of those is at Stanford University and Dr. Shahine was grateful to earn that coveted spot. After finishing her studies, she got her first 'big girl' job in 2009 at the clinic where she continues to practice today in Seattle, Washington.

Said Dr. Shahine, "It is very unusual for people to stay in the same job right out of a fellowship, but I knew early on that I had found my professional home."

Since 2009, Dr. Shahine has helped countless patients on their journey to build families. She understands that no one really wants to see a fertility doctor. People are not excited to walk through the door and talk about how hard it is because they have been told it should be easy and natural. Dr. Shahine marvels at how brave her patients are and is honored that they trust her with their care. She also struggles with the fact that she does not always have answers.

"I live in the gray a lot," said Dr. Shahine. "It's so hard to sit across from a patient and say, 'You did everything right, but I can't tell you why it's not working.'" What helps, however, is that Dr. Shahine is not only an experienced practitioner, she has also been on the other side of the table. She had her own fertility struggles before having her two children and found herself looking for a positive voice with evidence-based, supportive information. Dr. Shahine strives to provide that for her patients and others.

Adds Dr. Shahine, "I do not believe a doctor has to go through what their patients have to be excellent doctors, but I do believe that personally it has given me more perspective and more patience. There are no crazy questions, no silly comments, no out of bounds emotions. I feel genuine empathy for and camaraderie with these women."

At the end of the day, empathy and kindness are cornerstones of who Dr. Shahine is as a physician and a human being. And she can tie that back to another Summit moment.

Recalls Dr. Shahine, "I remember in 2nd or 3rd Grade, Dr. Sandra Adams, former Head of School, came into our classroom and asked us to sit in a circle. She drew a smiley face on a piece of paper and told each of us to squeeze it and say something mean to it. Sandra then sent the crushed ball of paper back around the circle and asked us to say something nice as we unfolded it. When it returned to her, she said that while the smiley face was back and the paper flat, the wrinkles of the painful things we had said were still there. She told us to be kind to people because it sticks with them. That stuck with me and has become one of my core values as an adult. And it has served me well."

ONWARD AND UPWARD WITH THE ALUMNI COUNCIL

In 2014, the Alumni Council was formed to keep alumni in better touch with Summit. Sandlin Douglas '94 and Kay D. Burress King '83, current parents, served as chairs of the council during its first two years. In 2016, they passed the reins to Matt Spear '86 who agreed to serve a two-year term. Spear said, "when I reflect about Summit both from the indelible memories of the experiences of my three siblings and what I see in Summit's bright present, I think about fun, passion, pride, learning, inclusiveness, ambition, relationships, community, and teamwork." Summit is delighted that Carolyn Sherrill Fuller '85 serves as chair 2018-2020.

The primary goals of the council are to get alumni involved and to share with them inspiring moments happening at Summit today. The council exists to bring alumni from all over the country together to remember the old days and be a part of the new. Carolyn Sherrill Fuller '85, Chair Alex Galloway '50 Lynda King Morris '63 Barbour Strickland '67 Leesa Lybrook Goodson '71 Ridgely Medlin Phillips '76 Jimbo Galloway '80 Kay D. Burress King '83 Drew Cannon '91 Dixon Douglas '99 Rachel Neely Johnson '99 Mimi Driscoll Bennett '04 Whitley Vogler Sheffield '04 Suzanna Roemer '05 Blitz Hoppe Phillips '07



Council meeting, Founders Week 2019 at Summit School L to R: Barbour Strickland '67, Alex Galloway '50, Kay D. Burress King '83, Carolyn Sherrill Fuller '85, Jimbo Galloway '80, Michael Ebeling

To learn more about Dr. Shahine and her published works, you can visit her online at **www.drlorashahine.com** and follow her on social media @drlorashahine on Instagram, Twitter, Facebook, and TikTok.

To get involved, please reach out to any of the Alumni Council members or contact Sarah Dalrymple, Director of Alumni and Parent Engagement, at alums@summitmail.org or 336-722-2777.

SUMMIT COLLABORATES WITH

New on the entrepreneurial scene in downtown Winston-Salem is an incubator space known as Winston Starts. Their creative mission statement clearly and cleverly defines their goals:

We help companies post-inception to scale with a long runway lined with unmatched resources. We are driven by a single goal...to see your business flourish. As a nonprofit, we'd rather see your capital driving your business.

Last summer, **Michael Noll '15**, a sophomore at The University of Texas at Austin, interned at Winston Starts. He shared this about his experience, "I got involved in the Boomerang Project [bring talent back home] just by chance. I got an internship at Winston Starts and happened to be put on a program where I could work closely with schools I used to attend. Our mandate is to make people aware of how much our city has changed, with the goal of attracting and retaining our professional talent. It has been such a cool experience working here."

He added that highlights of the experience included "solo pitch meetings, sitting in on high level meetings within Winston Starts, and managing my own project. Winston Starts provides internship opportunities unlike any in the area."

Noll says, "our city has changed so much. If you haven't been back for a decade you wouldn't even recognize it, not only in the small business sector, but culturally as well." A native of Winston-Salem, Martha Benbow '90 has in-depth experience with Winston Starts. She is a co-founder of KWIKR, which provides merchants and wholesalers with an enhanced e-commerce solution that includes digital coupons, customer Wishlist, and integrated same-day delivery software. Benbow adds, "I co-founded KWIKR as a tech startup consultant to help turn someone's business idea into a reality. Two years ago, KWIKR was one of the original startups at Winston Starts. Being a part of Winston Starts has given KWIKR and me exposure to the entrepreneurial start-up ecosystem that is growing in Winston-Salem."

Summit continues to explore, nurture, and develop relationships with entrepreneurs and innovators in the city. To that end, a social was held at Winston Starts last fall. The evening served to educate parents, alums, and board members about the organization and highlight the immense growth and improvement of the city in recent years.

The connections between Summit and Winston Starts run deep. Past Parent and former Board of Trustees member, Don Flow, leads the Winston Starts Board of Directors. Past Parent, Steve Lineberger, serves as President of Winston Starts and serves as a member of the Board of Directors.

Betsy Brown, Director for Winston Starts, explained "just as the boomerang always returns, we provide a platform for our city's alumni to do the same. The social with Summit allowed us to see the promising potential of collaboration



and future possibilities. By pairing mentors with entrepreneurs, the resources in our Winston-Salem ecosystem open a wide range of doors to help Startups scale to improve the local economy. Additionally by coming together and sharing one another's stories, our relationship can grow stronger and allow opportunities and connections to foster. We believe that planting these seeds are vital for building a prosperous community for this generation, the next, and onward."

At the social, members of the Summit community were able to reconnect, share current endeavors, and unite with several founders at Winston Starts who shared their vision and mission: Swipeby, PixGift, KWIKR, MRP Mobility, and FanPark. Logan Harvey, founder of FanPark, explained how impressed he was that Summit is dedicated to building strong futures for young students that in turn, will boost our local economy. Michael Ebeling, Head of Summit School, revealed the clear connection between how Summit prepares students as similar to how a startup approaches their business. Ebeling asked, "how do we prepare our children for a future we can't predict? I believe it's the same way we prepare our entrepreneurs for a future we can't predict. You prepare them by encouraging them to make their own future."

The future is very bright at Winston Starts and Summit is excited about additional opportunities for collaboration and to bolster the entrepreneurial projects that run through each grade. As Summit continues to provide a challenging curriculum within a caring environment to help students develop their full potential, Winston Starts nurtures each founder through their own critical stages of development.

Whether an in-town or out-of-town alum, if you are interested in more information, please contact Betsy Brown, Director of Winston Starts, at **betsy.brown@winstonstarts.com**.

by Sarah Dalrymple, Director of Alumni and Parent Engagement

SUMMIT DEVELOPS INNOVATORS AND ENTREPRENEURS

ON CAMPUS

Summit continues to develop fresh and inspiring ways to engage with the world outside our walls. Entrepreneurship is a natural impulse for children and teachers with creative and open mindsets. From the economics project and elevator speeches in 3rd Grade to Starter Uppers in Summit Summer to our new Innovation and Entrepreneurship course in 9th Grade, opportunities abound for student ventures. Entrepreneurship is thriving at Summit School.

Economics and Entrepreneurship in Third Grade

As a part of the third grade curriculum, students attend "business school" where they learn about concepts such as supply/demand, goods/services, scarcity, economic imagination, types of resources, profit/overhead cost, and the 4 P's of marketing (Price, Product, Promotion, and Place). Once students have a basic understanding of economic principles, their teachers invite parents who are entrepreneurs into the classroom to serve as an expert panel, sharing personal experiences, and answering students' questions.

Students develop business ideas, write a business plan, and develop a 30-second "elevator pitch" (based loosely on university level competition). Students pitch these ideas to founders at Winston Starts (see article p. 8) and receive feedback from a real audience. They tour Winston Starts and learn from the entrepreneurs.

After students deliver their pitches, they secure "funding" from Summit as their investors, create their own businesses, refine their products and services, and open for business. Parents and other students attend the Business Fair and Expo, and proceeds raised by students are donated to charity.

Starter Uppers and Summit Summer for Third, Fourth, and Fifth Graders

Starter Uppers is a Co-Curricular Program offered in the Summit Afternoon Academy and Summit Summer for 3rd, 4th, and 5th graders. Students visit local entrepreneurs to learn about the experience of starting a business. **Ben Baker '89** leads the current Afternoon Academy class and visits the Chamber of Commerce, Stitch Design Shop, Douglas Autocare, Dough Joe's, and Winston Starts.

Design and Engineering Fair in Eighth Grade

Time set aside from curriculum to allow students to follow their interests and passions has become a staple of the 8th grade science course - the Design and Engineering Fair. This project reveals what 'design thinking' is and how important it is in preparing our students for their future.

Students are allotted 20% of their class time to pursue their passions, learn more about concepts in which they have an interest, and create a list of those topics. When given adequate time, most students end up with nearly 30 potential ideas. They create a problem statement that requires a solution. They ideate, create potential solutions, and create sketches of what the project might look like. Following the design process, students craft multiple prototypes to answer questions they have about their project. Students present their work at the Fair in May, highlighting the process of what 'design thinking' is and explaining how it was of benefit to them.

Innovation and Entrepreneurship (I & E) Course for Ninth Grade

An Innovation and Entrepreneurship (I & E) Course is part of the 9th grade studio and is taught by Michael Ebeling, **Chris Culp '82**, and Jeff Turner. Course resources include collegelevel material from the Wake Forest Center for Entrepreneurship. Local and regional entrepreneurs from a variety of industries and organizations, including Venture Cafe and Winston Starts, provide a wealth of content and experiences for the course.

Current I & E student, Noah Tyo '20, has started a nonprofit called Twin City Bike Collective (TCBC). TCBC began as a service learning project during the 2017-2018 school year when Culp learned about a local charity that donates bikes to those in need to provide transportation, exercise, and recreation. During the 2018-19 school year, five Summit 9th grade students and Culp decided this would be a way for students to make a difference in the community. They solicited unwanted or unused bikes and created a repair workspace on campus. Staff, students, and alum Nate Shaw '14 repaired bikes after school and on weekends. The refurbished bikes were then donated to individuals through local charities including Salem Bike Ministry, Gift Mart, Brenner Fit, Crossnore Children's Home, and World Relief.

By 2019, the students had repaired and donated 200 bikes. Culp had considered turning the project into a nonprofit and Tyo was the perfect student to take the program to the next level. Through his coursework in the I & E class, Tyo surveyed students to name the nonprofit, set up a bank account, began accepting financial donations, and wrote acknowledgment letters. He worked with other 9th grade students and Upper School art teacher, Brad Calhoun, to create a logo. Tyo has also created a website, www.twincitybikecollective.org, and set up social media accounts on Instagram, Facebook, and Twitter. Tyo led a group of students and staff that fitted and gave away 54 bikes at an event for the South East Neighborhood Association at Winston-Salem State University's Enterprise Center.

Participation in the I & E class involves attending events both at Summit and in the broader community. Michael Ebeling has been teaching



Chris Culp '82, Noah Tyo '20, and Jeff Turner

about leadership including Simon Sinek's TedTalk entitled "How Great Leaders Inspire Action" and Kouzes and Posner's introduction to *The Truth About Leadership: The No-Fads, Heart-of-the-Matter Facts You Need to Know.*

Alumni and Entrepreneurship in Action

Bo Dairymple '18 and McLean Turner '18 attended the Winston Starts social (see article p. 8) to learn from entrepreneurs and glean experience from those taking their business to the next level. "Camel City Detailing, created in 2017, is growing quickly. The story is impressive, so we invited them to Summit to share their journey with 9th grader Noah Tyo and offer insight," said Jeff Turner. The two returned to campus to present the evolution of their business to a student and faculty audience. Current 7th grade students who started a shoe customization business, PJL Dipping, attended and shared their experiences; they too have toured Winston Starts to witness the entrepreneurial spirit that exists in our hometown.

As the I & E class and Co-Curricular Programs evolve, Summit continues to create and maintain connections with alums. If you have an idea or suggestion for our entrepreneurship programs, please contact Jeff Turner, jturner@summitmail.org.

by Jeff Turner, Director of Co-Curricular Programs

A STURDY CONFIDENCE: INSIDE THE WORLD OF NASCAR MEDIA

Peter Stratta '14 recently visited Summit School for an interview on Screamin' Eagle Radio in Henry Heidtmann's media production studio. Peter, a junior at High Point University, is pursuing a major in Sports Media Communications and a minor in Mandarin Chinese. Peter began to take Chinese as a full-year course in Sixth Grade at Summit. Unlike many college students, Peter has endeavored to pursue real-world experience in what he hopes will be his future profession broadcast media and journalism.

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Peter currently works as an "at the track" correspondent for TSJ101 Sports Radio covering all three of the top-tier series in NASCAR - the Cup Series (formerly Monster Energy Cup), the Xfinity Series, and the Gander Outdoors Truck Series. He has an encyclopedic knowledge of the history of motorsports, the personalities, and the complex business of high-profile talents, team owners, sponsorships, and how fans are engaged. He understands that NASCAR doesn't exist without fans. As a media member with credentials from NASCAR Communications at the tender age of twenty-one years old, Peter often finds himself interacting with the fans of the sport. He maintains the TSJ Sports Twitter handle from the races he attends or watches from his command center (either his dorm room or his parents' home in Winston-Salem). Peter shed light on what he specifically does with TSJ101, what life is like as he manages his obligations as a college student and professional reporter simultaneously, and reflected on the influence his Junior Kindergarten through Ninth Grade experience at Summit has had on his journey thus far.

Peter is an "all in" type of person who pursues his passions in a contemplative, informed manner. I first met Peter when he was six years old, and he was in First Grade at Summit. At that time, he was one of our sixth grade Little Friends. Little Friends were paired with Big Friends in the First and Sixth Grades after initially meeting when they were kindergarteners and fifth graders. He was an amazingly engaging young person who regaled us with tales of his studies of railroading and his trips with his family to see and ride the actual trains. During the interview, Peter mentioned some of the signature experiences and teachers who facilitated them at Summit. He asserts that he was inspired to pursue his interests in a "whole-child" academic setting. He mentioned excitedly arriving at school dressed as Thomas the Train in Mrs. Hedgpeth's kindergarten class, was guided to select Chris Van Allsburg, author of The Polar Express, as his first grade Famous Americans subject, and being assigned Henry Ford as his Living Biography persona in Fourth Grade. Peter also mentioned being able to select the Canadian-Pacific Railroad as a research subject while studying the Industrial Revolution in Sixth Grade. Additionally, he cites his first year in our Upper School as the time when he began to become serious about reading the newspaper each day. It is also when he began to understand how important "story" is in any written communication.

For Peter, his passions for railroading and racing are represented in the throughlines and vertical alignment of topics he pursued as a learner during his years at Summit. Peter's experience is emblematic of that which schools and teachers involved in progressive education hope happens - a student articulates his or her interests and advocates to be able to integrate them into intellectual pursuits within the curricular framework.

When asked about being one of the "new guys on the block" in NASCAR media, Peter chuckled. He noted that he and a good friend, Noah Lewis, from TSJ101 are "younger colleagues of reporters who have ten, fifteen, twenty years or more on us in NASCAR and in life." Peter says that it is a credit to the people at NASCAR Communications that they give young, ambitious people like him opportunities to find who they are as budding media members. He stated that it is "amazing how much access we are granted." Peter also credits his employer, TSJ101 Sports for granting him "free reign on race weekends to determine the biggest stories of the race and the weekend."

Peter anticipates that he will realize his dream to become a professional motorsports journalist. He is confident that he is preparing to do so and that he has a lot to offer potential employers upon graduating from High Point University in 2021. He said, "I hope to be doing just this hosting a radio or TV show daily or weekly on racing, which we have established is one of my great passions in life." Peter's sturdy confidence in the skills he is developing makes him optimistic "that Fox, NBC, SiriusXM Radio will see who I am, what I am doing, and want to hire me."

We know that wherever Peter lands, he will be an asset to the organization and the people with whom he works. Peter is a transformational individual of whom we are quite proud. He has taken so much of that which is innate and that which Summit hopes to cultivate and offer its students with him into adulthood. We will be listening, reading, watching, and smiling, Peter. It's an honor to count ourselves among those who have been a part of your journey.

Follow Peter on Twitter at: @peterstratta @ @T101Sports Find Peter's track side reports and articles at: tsj101sports.com

by Jason McEnaney, 6th grade Social Studies teacher

The broadcast was streamed live and is available on the Summit Social streaming portal as an archived recording called "Voices from the Peak" #1 – An interview with Peter Stratta '14

A YOUNG, FEMALE ALUM ANSWERS THE QUESTION: NEERING?

reprint with permission from Tufts University by Laura Ferguson, February 12, 2020 featuring Summit alum Chanel Richardson '13.

WHY ENGINEERING? WE ASKED FIVE WOMEN

As more women enter the School of Engineering their numbers equaling those of men in an undergraduate class—it's clear that challenging opportunities with far-reaching impact are a big draw.

With the arrival of the Class of 2023 this August, the School of Engineering reached a celebratory milestone. Women, for the first time in the school's 130-year history, account for 50 percent of the freshman class.

Progress toward that historic moment of gender parity has been steadily growing over decades, but recent years have seen a decided uptick in women's enrollment. In 2011, women made up 29 percent of the freshman class in engineering; by 2017 they represented 43.8 percent. Last year the numbers were just shy of gender parity, at 49 percent.

Certainly societal trends are encouraging women to consider engineering, but Tufts is also stepping up its own efforts. The Office of Undergraduate Admissions, which partners with the School of Engineering to achieve its enrollment goals, reports that those efforts include a fall open house called Women in Engineering, where prospective applicants can experience the school for a day.

A campus culture that supports strong networking also plays a role. The Tufts Gordon Institute, for example, this past fall collaborated with the Museum of Science to host the panel discussion Women in STEM: How to Build & Leverage Mentoring Relationships, and the student-organized club Tufts Women in Computer Science held its third annual Women in Tech (WiT) conference in September (28 percent of computer science majors at Tufts are women, well above the national average of 18 percent).

At the same time, student-run Tufts chapters of the National Society of Women Engineers (SWE) are building a cohesive community; both undergraduate and graduate groups have been recognized for exemplary programming. And this fall, support from the Department of Computer Science and the Department of Electrical and Computer Science sent students to both the Grace Hopper Celebration of Women in Computing, the world's largest gathering of women technologists, and WE19, the world's largest conference for women engineers.

For School of Engineering Dean Jianmin Qu, the gender balance that distinguishes the Class of 2023, which consists of 274 men and women, is part of a larger strategic goal.

"Our top priority at the school is to promote diversity and inclusion, across the board, among all our students," said Qu. "Multiple perspectives and talents have always been critical to innovation, but now more than ever we are working hard to make sure the message comes through loud and clear: engineering is open to everyone with a passion for problem-solving."

It's a message that Karen Panetta, dean of graduate education and editor-in-chief of IEEE Women in Engineering magazine, has been championing as well. She set about bringing more women into the field in 2002 when she founded the Nerd Girls program. Now Nerd Girls has expanded its mission online—and nationally—as Nerd Girl Nation, and its vision is broader.

"Back twenty years ago, Nerd Girls was about empowering women to go into the STEM fields and showing role models," Panetta said. "Today, it's grown beyond that. We are not just showing young women that they can change the world, but also showing everyone the value that diversity and inclusion bring to solving problems facing humanity."

But what's the perspective of Tufts' up-andcoming women engineers themselves? Why did they choose such a career in the first place? And how have their professional goals developed over time? We asked some of them to share their personal stories.

Chanel Richardson combines her major in computer engineering with extracurriculars that take her into local classrooms as well as the upper atmosphere. She is a STEM Ambassador, chosen for a program run by the Center for STEM Diversity that brings engineering into local high schools, and she's president of the Tufts chapter of Students for the Exploration and Development of Space (SEDS), where she's enjoyed building prototypes of weather balloons. A member of the National Society of Black Engineers, she credits a computer science class at her high school in Winston-Salem, North Carolina, with kindling a fascination for a profession where she could someday build, design, and control technologies with real-world impact.

Over time my interests in engineering have continually evolved. At first I was focused on 3D printing; I thought that I wanted to make 3D printers for the rest of my life, and I made my dad buy me a ton of books on it. By the time I entered college I thought I'd make video game consoles, but then I discovered there's a lot I can do with engineering; that made me want to explore. I realized I didn't have to limit myself to one thing. The one thing that's constant is that every time my interest changes, it just falls into the world of engineering. I think that's why I'm excited about being an engineer: it has so many different possibilities. Even if I change my mind, I'll still be able to do something really cool.

My advice to younger students thinking about engineering is that you might have to be annoying about it! When I was in high school, my parents didn't know anything about engineering and I just told them over and over again: this is what I want to do. One of the biggest things I did for myself was to look up an engineering professor at Wake Forest University, which is about five blocks from my house. I wrote asking if I could come talk with him. He said yes—and he also introduced me to his students. That experience really opened my eyes; I didn't even know about computer engineering before I met him. One thing about Tufts that appealed to me was that I could take engineering classes and still hang out with people who aren't engineers. I could never imagine going to a school where the only people I talk to are engineers. If my non-engineer friends are intrigued about what I'm doing, that forces me to think about what I'm doing and explain it so they understand. And it's great to hear their different perspectives as well. Those conversations have really shaped who I am, and I think they will make me a better engineer, whatever I decide to do.



Thomas Douglas '08 has

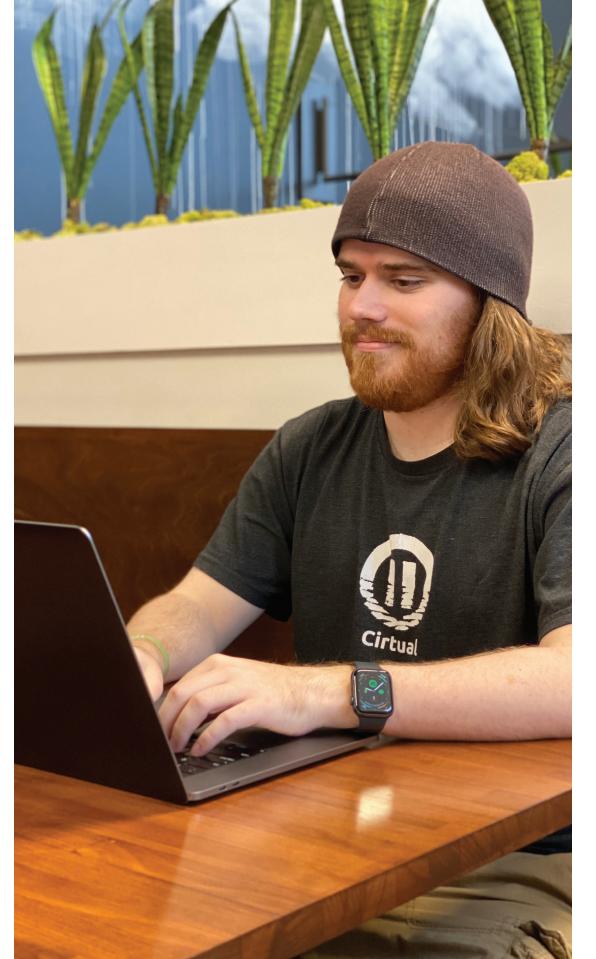
always liked two things – computers and building things. And it was at High Point University (HPU) where he realized that he could combine those two passions and turn them into a profession.

"I was in the 3-2 Engineering program and started taking computer science classes and something clicked," said Douglas. "Everything I was doing was like a puzzle and as long as I had my hands, my mind, and the time, whatever I could think of, I could build."

At HPU, Douglas and a couple of other students in his major had an idea for an app. They had to first create a company to produce the app. While the app, Zipsy, did not make it off the ground, the company did. And in 2015, those other students became Douglas' business partners. Today, Douglas is the Chief Technology and Co-Founder of Cirtual, a technology company that focuses on mobile, web, and backend development as well as in-house design.

Adds Douglas, "I guess we are a good example of necessity being the mother of invention."

Douglas and the team at Cirtual focus primarily on iOS apps, but they also develop Android and web applications. They have clients that range from health care to transportation to finance who value them because of their ability to work quickly, adapt to new situations and problem solve, even if they're asked to do something they've never done before.



APP DEVELOPED IN COLLEGE LEADS TO CREATION OF A TECH COMPANY

They are also working on their own development projects.

"The great thing about my business partners is that we are all very unique and approach things and think about things in a very different manner," said Douglas. "But we complement each other's skillsets and somehow it works."

Douglas definitely credits his time at Summit with preparing him for where he is today.

"I have carried with me my ability to solve problems in a creative way," said Douglas. "Of all things, I remember making a papier-mâché drink dispenser shaped like Sponge Bob with a friend in one of my classes. And it actually worked. I don't know of another school where we would have done something like that."

Douglas also learned to prioritize his time by getting all of his work done at school so he could 'get home and enjoy life' - a skill that has served him well in his professional life. But perhaps the most lasting experience for Douglas from Summit was the time he spent working in the school's Maintenance Department after he moved on to high school.

Said Douglas, "I loved being able to fix things and see how things worked. That time really taught me the importance of a strong work ethic and the power we hold in our own hands."

What is next for Douglas? He hopes that Cirtual will continue to grow and bring on new people at their new office in Charlotte. Douglas intends to continue focusing his time and talents on the things he is passionate about, whether that means doing their own ideation or helping outside clients.

"Five years ago, we were a bunch of college students who had an idea, but no experience and we'd certainly never run a company. And yet, here

we are," said Douglas. "I hope that we are able to continue to work on things that are interesting and cool, and improve people's daily lives through software and technology."

To find out more about Cirtual, visit them online at **www.cirtual.com**.

VOLUNTEERING

DURING HIGH SCHOOL HELPS CREATE A STATE-OF-THE-ART **PLATFORM**

Imran Cronk '09 was a volunteer at Novant Health Forsyth Medical Center while in high school, helping families visiting the hospital to find their loved ones. His shift was ending one night when he noticed an older gentleman wandering around the waiting room of the Emergency Department. Cronk asked the man if he needed help.

"He was probably 60 to 65 years old. He told me he'd been given medicine that compromised his vision. He had arrived via ambulance, so he had no money and no way to get home," remembers Cronk. "He decided he was going to walk nearly six miles. The only thing I could think to do was to offer him a ride home."

That interaction seven years ago remained with Cronk and put him on the path to where he is today. Cronk is the Chief Executive Officer and Co-Founder of Ride Health, a company that works to ensure access to every patient, everywhere to transportation for healthcare specific uses.

"There are so many aspects of healthcare that are unnecessarily impacted by social determinants age, income, geography, physical mobility, and so much more," said Cronk. "With all of these barriers, transportation should not be one.
People should be able to get to appointments and ensure their own health and well-being."

Ride Health started as part of a project for the President's Innovation Prize at the University of Pennsylvania while Cronk was an undergraduate at the school. The competition offered the chance to win a \$100,000 investment in an innovative commercial venture. Cronk and his teammates put their concept to paper back in 2017 and while they did not win the competition, Cronk never lost the passion for Ride Health. In fact, he had his first client, Penn Medicine in Philadelphia, before he even graduated.

"I got a day job working as a Business Analyst for Mount Sinai in New York City to pay the bills and used every extra minute I had continuing to build Ride Health," said Cronk.

His efforts paid off in 2019 when an angel investor provided the capital that allowed Cronk to focus full-time on Ride Health. Ride Health has evolved into a complete, end-to-end transportation platform. Working with case workers, social workers, hospitals, and providers, Ride Health coordinates the entire ride experience for patients. They coordinate billing and payment, provide real time updates every step of the way, and have found a way to blend technology with a truly human approach.

"Over the course of the last few years, we have heard from so many patients about the difference that Ride Health has made in their lives, but one that sticks out for me is a woman in rural Nevada who we helped get to her chemotherapy treatments," said Cronk. "She called Ride Health her 'guardian angels' and felt, for the first time, that someone truly cared whether or not she made it to her appointments. That inspires us to continue our work."

While there are many things impacting access to care, Cronk knows that the place where Ride Health can have the biggest impact is in transportation.

Said Cronk, "We don't want to try to be all things to all people because it will dilute what we're working to accomplish. We want to be the organization that defines the intersection of healthcare and mobility on a global scale. That's a mission that can see us through at least the next 25 years."

Cronk and the Ride Health team are well on their way.

Ride Health is currently operating in 30 states with a plan to be in all 50 by the third quarter of this year. They recently received a significant influx of capital to continue their expansion, and to build their infrastructure and operations. And on the day Summit spoke with Cronk, they were launching with Novant Health – the same place of that fateful encounter seven years ago and, incidentally, the hospital where Cronk himself was born. "It is definitely an amazing, full circle moment for me," said Cronk.

It is important to note that on the phone, Cronk seems to be a poised, articulate, mature old soul. But he is, in fact, just 25 years old. Cronk laughs at the frequent question and writes his age off as 'helpful naivete'.

Adds Cronk, "Age does not matter as much as how much time you have spent thinking about and working around the challenge you are focused on. If you have put the time in and you double down on that knowledge and traction, you'll have the confidence you need. But it's important to remember that you don't know everything as well. In fact, one of our core values at Ride Health is intellectual humility."

Humility and service are qualities that were instilled in Cronk from an early age and are a part of his Summit experience that he carries with him still today.

"I feel very fortunate to have been a part of the Summit community and am grateful for the opportunities it afforded me," said Cronk. "But I also feel that to whom much is given, much is expected. I do not carry that responsibility lightly and work every day to be intentional about how I give back and serve others."

You can learn more about Ride Health online at www.RideHealth.com.

INTERESTS IN PHYSICAL ACTIVITY AND ACADEMIC PURSUITS LEAD TO AN ACCOMPLISHED CAREER

Dr. Capri Foy '77 has many passions in her life, but two of the most important are a fundamental belief that physical activity can have a positive impact on health, and the power of science and education.

Dr. Foy said the interest in science and education comes from her mother, who was a math and science teacher in Stokes County.

"My mother would talk extemporaneously about science at every turn," remembers Foy. "And while she was never a researcher, per se, she was a natural and inquisitive scientist. I found out later that she was quite an athlete, although she rarely spoke about it. And, my father, who was described as a genius, gave me a love of learning for its own reward."

And as for the other passion – living a physically active life? Dr. Foy insists she's been that way her whole life. Obsessed with sports, she especially loved baseball.

"I remember Ms. Wall (now Browder) wanted me to try out for the baseball team at Summit. To this day, I wish I'd done it," said Dr. Foy with a laugh. But she did end up playing and loving basketball, and still is in touch with former coach Ms. Zachary (now McCormick). And Dr. Foy also took in every moment and every lesson and to this day counts Summit School as one of the biggest influences on her life.

"The friendships I made and have maintained would have made the time at Summit meaningful enough, but what I continue to marvel at is how the education that I received there is still yielding benefits," said Dr. Foy. "Proactivity, critical thinking, independent thinking – we were reading and critiquing *1984* and *Animal Farm* when I can assure you students at other schools were not. We had to read a book each summer as well. I think that we were educated far above our grade level. The Spanish book I used at Summit in the Eighth Grade was the same one they used at UNC-Chapel Hill!"

Adds Dr. Foy, "I was pushed in all of the right ways at Summit and immersed in so many incredible experiences."

Today, Dr. Foy is an Assistant Professor in the Department of Social Sciences and Health Policy at Wake Forest School of Medicine. She is also Co-Director of the Clinical and Population Translational Sciences Master's Degree program at Wake Forest, helping students who have already obtained their medical degrees develop skills to conduct research effectively.

Dr. Foy received her Bachelor's Degree from UNC-Chapel Hill in Psychology and her Master's Degree in Sports Psychology from the University of Virginia. It was while working on her PhD at UNC-Greensboro that she saw her path forward.

After taking some time off, Dr. Foy returned home to Winston-Salem for an opportunity that allowed her to pair her two parallel interests into one perfect job and in a clinical setting.

"I was working a part time job as a personal trainer while at UNC-G where I got to see firsthand how engaging in regular physical activity can change someone's life. More than that, I saw how it could impact their health. People who we worked with were sticking with the program, feeling more confident and were able to discontinue medications they had been on for years. I knew that was going to be my focus," said Dr. Foy. "I have always believed in the power of exercise. At the same time, I'm being given the opportunity to work with the next generation of clinicians and educators as they develop the tools they need to carry this work forward or their own research passions," said Dr. Foy. "And I get to do it in the place I have called home my whole life."

When asked if she had any advice for the current group of Summit students, Dr. Foy put it quite simply:

"Take it all in, and treasure this time! While there may be new faces and a few new buildings, you walk through the front doors of Summit and the energy is still the same – as I noticed during my visit to the campus last spring. I am excited to see the growth of the school and the diversity of the student population. I am very proud to be an alum of Summit School."





REUNIONS

CLASS OF 1986 🔪

Since 2005, friends and family of Greg Garcia '86 have gathered annually to celebrate the way Greg connected all of us and provided so much joy. This "reunion" has grown to include friends new and old

from other social and work connections, and we always have a good turnout from Summit and R.J. Reynolds folks. It's all about the opportunity to catch up with people we don't see often enough. The event is a simple potluck held in April or May in Winston-Salem.

If you want to be informed about the next Greg Garcia Gathering, just let me know and I'll add you to the email list.

Dack Stackhouse '86 dstackhouse@summitmail.org





August 2019

April 2019

June 2019



September 2019









REUNIONS

DIAMONDBACK REUNION Classes of 2002-2013





November 2019









December 2019

HOLIDAY LUNCHEON Classes of 2014-2019









January 2020





February 2020





CLASS NOTES

1960

Members of the class of 1960 gathered in October 2019. Of the seven students in that first ninth grade class, five were together: **Gene Boger, Sandy Preseren Alley, Gwynne Myers Nicholaides, Mary Hall Brownlee** and **Jane Keiger Gehring**; those absent were **Steve Jones** and **Paul Wood**.



1967

Adele Michal joined classmate Rob Merritt at McIntyre's Bookstore at Fearrington Village. Merritt read for a gathering of the NC Poetry Society from his book of poems, "View from Blue-Jade Mountain."

She added, "**Margaret Ann Williams-DeCelles** '67, **Maggie Scarborough** '67, and I thoroughly enjoyed the reading and visit with Rob who is Professor of English and English Department Chair at Bluefield College in WV."



L to R: Don Merritt, '68, wife Ginny, Margaret Ann Williams-DeCelles '67, Rob Merritt '67, and wife Mimi.

1983

Members of the class of 1983 gathered this past fall. Pictured L to R: Lisa Anderson Sari, Kay D. Burress King, Lisa Pappas Fields, Meg Anderson Lavender, Sharon Sale Nicholson, Colleen McDonough Wordock, Sarah Parrot Lathrop, Valerie Coplon Balestrieri.



1986

Christian Burris was named by Wake Forest University as one of two Employees of the Year for 2019. Burris is the serials acquisition coordinator at the Z. Smith Reynolds Library and has worked at WFU since 1994.

ce 1994.

1987

Karen Anderson writes, "[I] switched from accounting/finance to real estate in 2006 and am a Life Time Member of Top Producers with the Atlanta Board of Realtors. I have been married since 2006 to Jason Anderson and have two children – Mason, 12 and Quinn, 10.

Ward Williams reports, "[My] main gig is raising two children: Rhys and Simone. [I'm] married to Annelise Spence, professional photographer for Intermix. We also have a delinquent Boston terrier named Frankie. As a musician, I just completed a US tour with my band, Jump, Little Children in December 2019. I have also been a substitute cellist on the following Broadway musicals: *Waitress* (guitar double), *Natasha*, *Pierre and the Great Comet of 1812, The Band's* *Visit, Pretty Woman, The Cher Show,* Rodgers and Hammerstein's *Oklahoma!, Beetlejuice,* and *Tootsie.* Shout out to Loma Hopkins and Mary Kerr for instilling in me a love of music and theater!" Visit: www.wardwilliams.com

1988

Gretchen King Ross wrote, "I am currently enjoying teaching 6th grade science at the STEAM/PBL based Montford North Star Academy in the heart of Asheville after completing my 20th year of teaching. This spring I bought a 102 year old home in the historic Montford district next to downtown on Cherry Street and am Airbnbing our entire upstairs. My son, Peyton, just finished college with honors at Appalachian State University majoring in Sustainable Technology with a double minor in sustainable development and building science. He's headed to architecture school in the spring.

1989

Lynlee Basore married Daniel Donaldson, February 2019.

Adam Schwartz, Athletic Director at Westchester Country Day School, was named as the 2019 2A State Soccer Coach of the Year by the N.C. Soccer Coaches Association.

1994

Last April, **Ann-Fleming Taft Powell** was named among Mecklenburg Times's 50 Most Influential Women, created to spotlight and recognize the important role women play in the greater Charlotte region, in the economy, and in society. In 2018, Powell was named to Real Estate Forum's 50 Under 40, 2018 Class of Commercial Real Estate's Rising Stars. The individuals selected for this honor have made a mark on the business. Their work thus far, along with their drive, intelligence, and skill set, has put them on the path to a tremendous career in the industry.

1995

After more than 15 years working in financial services, **Oliver Cross** formed his own independent wealth management firm, Verum Partners (a nod to his Summit Latin teacher, **Mrs. Dorothy Douglas Westmoreland '68**), located in Charlotte, NC. With the help of his cousin **Ann-Fleming Taft Powell '94**, a tenant rep for Trinity Partners, Cross and his team have settled into a wonderful office space centrally located in the growing city. He adds, "if you are in Charlotte, feel free to look me up and swing by for a visit."



1997

Alex Polychron Collins was named a Winston Under 40 Leadership Award recipient. The award honors 20 young professionals who exemplify qualities of strong leadership and community service; she also serves as the Advisory Board Chair for 2019. Collins works at Visit Winston-Salem.

1999

Rachel Neely Johnson sent a photograph, "these four are the children of (L to R) Daniel Gunter '93, Matt Boss '92, Kimberly Gunter Layton '90 and Rachel Neely Johnson '99 - they played on the same soccer team in Raleigh this past spring!"



CLASS NOTES

2004

Caroline Chambers and her husband George Hodgin welcomed their first baby, Mattis, in January 2019. They currently live in Carmel, CA where she works as a professional recipe developer.

Nathan Ruffin married Sarah Elizabeth Longworth, spring 2019. The couple lives in Winston-Salem.



2008

William Shepley married Elly Sarfert on September 1st in Winston-Salem. The couple lives in New York City.



2010

McKenzie Folan graduated from UNC-Chapel Hill in 2017 with a BS in Business Administration and lives in Atlanta, GA, where he is a Senior Associate Consultant at Bain & Company. Outside of his normal casework, he serves as co-school team lead for UNC recruiting and runs Atlanta's local Inspire chapter, which provides pro bono consulting support to local nonprofits. Folan also serves as a youth leader at his local church. This fall, he plans to attend Stanford Graduate School of Business for his MBA.

2011

Joyner Horn recently made her debut with the Cincinnati Symphony Orchestra in the roles of L'Ècureuil, La Chatte, and Un patre in L'enfant et les sortilèges, and was featured recently as the mezzo soloist in the CSO's recreation of Beethoven's 1808 concert. This spring, she will be seen as the Second Lady in CCM's production of Die Zauberflöte. In the summer, Joyner will be covering the role of Rosina in Cincinnati Opera's production of The Barber of Seville, and will premiere the role of Rumer in Fierce, a world premiere with Cincinnati Opera.

2014

Peter Stratta writes, "I currently write for a NASCAR news website that a few others and I have built from the ground up, and I've had the pleasure of being recognized by NASCAR as a credentialed media member; I also have had the honor of interviewing all of NASCAR's current stars, guys and girls that I grew up rooting for on a weekly basis." See article on page 12.

Go Fas Racing @GoFasRacing32

Quite the media scrum for @CoreyLaJoie!



2016

Kimia Ashraf said, "during my gap semester last Fall, I took photos for Summit's advancement office, completed some freelance photography projects, and organized a fundraising ride with Cyclebar for the Pancreatic Cancer Action Network. In January I started college in Boston."

2017

Congratulations to those who were highlighted in the *Winston-Salem Journal SportsXtra*, September 2019 - March 2020:

Mackenzie Culp - field hockey (Salem Academy), Lynn Kluttz - field hockey (RJ Reynolds High School), Greg Hunter - football (RJ Reynolds High School), Jackie Rose Sparnicht - volleyball (RJ Reynolds High School), Halle Kincaid - tennis (Forsyth Country Day School), Hugh Bray - soccer (RJ Reynolds High School), Parker Lacewell field hockey (RJ Reynolds High School), Leanne Driscoll - swimming (Reagan High School), Kevin Dunn - basketball (Forsyth Country Day School), Kaelin DeNeui - basketball (Mount Tabor High School), and Winborne Broughton - lacrosse (RJ Reynolds High School).

Blake Brantley, a senior at RJ Reynolds High School, signed to play golf at Yale University.



Abigail Hano, a senior at The Taft School, signed to play field hockey at Denison University.



Caleb Rollins, writes, "since my freshman year of high school, I have been participating in an educational and STEM-based academic competition called Cyberpatriot. In the competition, teams race to find, fix, and secure virtual computers, servers, and network components. The Atkins High School team has won the state championship for the past two years and projections say that we will probably win again this year. This has been my second year in the position of team captain. Early this year, my principal, Mr. Childers, who was a great advocate for the growth of the program, approached me about sharing the program's successes as well as the importance and implications of teaching students early about cybersecurity concepts. Due to the many opportunities that Atkins has given me to grow my academic and personal character, I was more than happy to represent my school at the Winston-Salem Annual Tech Briefing (February 2019). This year, we have had an outstanding record and placement in the nation. Currently, our team is ranked 15 out of 5,000+ teams. Due to these outstanding numbers, my coach and I believe we have a decent chance at attending the all-expenses-paid national final in Baltimore, Maryland. We can't wait to see what this season of Cyberpatriot has in store!"

CLASS OF 2016 COLLEGE LIST –

Kimia Ashraf Anna Baker Ann Yancey Bassett **Hadley Bassett Madeleine Bennett Bennett Blanco** Jayden Brown Zach Brown **Eoin Carr** Meredith Cavenaugh Sam Charnes Maggie Collins Ali Seena Daeihagh **Emmaline Daggett Ruthie Dalby** Will Fulton **Emma Gerancher** Sammy Gray **Ellie Grubbs Caroline Harris Christina Heidtmann Matthew Heyden Stewart Holmes** Yasmin Horner Will Hundley Hayden Jennings **Emma Jones George Joyner Grace Kerner** Will Layman Sarah Leonard

Boston University

College of Charleston **Brooke Maynard** Tufts University Wake Forest University University of Vermont **Rhodes** College Wake Forest University High Point University Rollins College Wofford College **Davidson College** University of Richmond UNC-Chapel Hill Swarthmore College University of Utah Elon University Virginia Polytechnic Institute **UNC-Wilmington** Wake Forest University **UNC-Chapel Hill** UNC-Asheville East Carolina University Furman University University of Virginia Virginia Military Institute **UNC-Wilmington** Davidson College Wake Forest University

University of California -

East Carolina University

Savannah College of Art

Santa Cruz

& Design

Sadie McAuley **Avery McCutchen** Hannah O'Brien **Elizabeth Orr Andrew Petersen Caleb Pledger** Warren Quadland Hannah Robins Sam Rubin **Alex Smith Caroline Smith Kendyl Stewart Katie Hill Sturkie** Adele Thomas **Alex Tribble Ashley Walker Nancy Walker White Abby Williams** Sophie Wisenbaker

Gracyn Mansfield East Carolina University University of Virginia Wofford College University of Florida University of South Carolina **UNC-Chapel Hill** University of Texas at Austin **UNC-Greensboro UNC-Chapel Hill** Cornell University Clemson University United States Marine Corps University of Colorado Amherst College Appalachian State University Albright College Gap Year University of Minnesota Wake Forest University University of Tennessee -Knoxville New York University



If we have inadvertently omitted your name, please contact Sarah Dalrymple, alums@summitmail.org, with updates.

WELCOME TO 42 NEW AEU 001

In May 2019, 42 students graduated and the group was celebrated at a class breakfast hosted by the Advancement Office. Dixon Douglas '99 (front row, far right) spoke to the group and highlighted reasons that he and his entire family maintain a close connection to Summit.

CELEBRATIONS



Carter, daughter of Eleanor Cross Young '94



Billy Stoltz, pictured with 9th grade students, whose parents he chaperoned 'back in the day.' The students are the children of Ashley Moser Veneziano '87, Al Stubbs '86, Hamp '81 and Barrett Isley Kenan '84, Anna Mackie Calhoun '92, Elizabeth Kerr Wild '84, Elizabeth Turner '90, and Jonathan Blanco '88.

IN MEMORIAM

Alumni/ae

- **1950** Stuart Vaughn December 11, 2019
- **1954 Gail Robin Citron** November 29, 2019
- **1958 Ted Hill** *April 28, 2019*
- **1973 David Bodenhamer** July 1, 2019
- **1989 Kelton Cofer** *April 12, 2020*
- **2000 William Spry** August 22, 2019
- 2002 Mack Hagaman April 12, 2019
- **2006 Ian Stokes** *March 9, 2020*
- 2008 Blake Carter April 7, 2019

Former Staff

Ellen Bonnette September 30, 2019

Jana Curran July 1, 2019

STAY CONNECTED

By Connecting, You Can —

- Visit our web site, summitschool.com/alums and get up-to-date information about Alum Events
- Contribute to The Summit Fund
- View a photo gallery of Alum Events
- > Follow Summit on Facebook and Instagram @summitschoolws

We want to hear from you and so do your classmates!

Send information about job updates, weddings, births, high school and college graduations, honors and activities, and new addresses. We also love receiving photos. Please note that we can use only high resolution digital photos in publications.

Email information to **alums@summitmail.org** or fill out the form below and send it to:

Sarah Dalrymple, Director of Alumni and Parent Engagement Summit School 2100 Reynolda Road Winston-Salem, NC 27106

Class Notes

Name	(Maiden)
Address	
State Zip	Summit Class Year
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Email address	
News	

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FRIDAY - COUNCIL MEETING & CLASS REUNIONS | SATURDAY - LEGACY EVENT

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